

Nursing

We can:

- Administer first aid and manage medical emergencies.
- Offer support around physical and sexual health concerns.
- Refer to external medical providers.

Nurses

Sue

Belinda



Need an appointment?

You can:

- Request to see Sue at Admin
- Email nurses directly
- Ask the counsellors or your Ako Coach to connect you with a nurse.

sue.jones@rollestoncollege.nz
belinda.ritchie@cdhb.health.nz

Getting Support Out of School Hours

If you need help out of school hours you can contact the following services:

- Youthline.co.nz
0800 376 633 free text 234
- Samaritans
0800 726 666
- Need to Talk? Free call or text 1737
anytime to talk to a counsellor

Reach out to a trusted friend or adult, they can also provide support.



Learner Hauora Support Services

Rolleston College
Horoeoka Haemata



Our aim is to offer learners free onsite hauora services to support wellbeing & belonging.

We offer hauora support services in the following areas:

- Counselling
- Nursing
- 24/7 Youth Workers

Overview of Hauora Support

All services are available for learners during school hours.

The College encourages learners and their caregivers to access any of these services to support learner wellbeing during their time at Rolleston College

Counsellors:

For:

- Mental health struggles
- Personal & physical safety
- Social & Emotional concerns
- Wairua concerns

Nurses:

For:

- Medical concerns
- Personal & physical safety
- Mental health
- Sexual health advice

24/7 Youth Worker:

For:

- Social & friendship issues
- Community connections

Counsellors

We can:

- Support learners' mental wellbeing
- Help create a safe environment where everyone can learn.
- Support a sense of belonging to the college community.
- Coordinate & refer to external agencies and support.
- Provide support to learners and caregivers during personal crises.

Learners may be referred to the counselling team by family, staff, friends or the learner may self-refer.

Counselling Team

Fran



Matt



Joel



Contact Us

fran.atkinson@rollestoncollege.nz

matt.brown@rollestoncollege.nz

joel.agnew@rollestoncollege.nz

Need an appointment?

You can:

- Book online at:
<https://rollestoncollege.simplybook.me>
- Complete a Hauora Support Request form, available at Admin
- Email the counsellors directly
- Talk to your Ako Coach for booking support

24/7 Youth Workers

Sam



Mana



- Sam and Mana offer support & one on one mentoring.

sam.chan@rollestoncollege.nz

